

**A Happy Birthday to the
May Birthdays!**



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Day Nursery CACFP Staff Extensions

Staff Position Extension

Marsha Hearn-Lindsey, Director of Operations 226
Mindy Bennett, Director of Programs 224
Molly Manley, CACFP Coordinator 228
Larry Gist, Database Manager 249

**DAY NURSERY
HOME VIEWS**

May 2011



**REVISED TRAINING
SCHEDULE !!**

**Last Training!! If you have not
completed a training with Molly
please get registered ASAP.**

**Tuesday May 3rd- 6:30- 8:30 pm
Infant Feeding- In this class we
will discuss proper infant
feeding and the rules and
guidelines of claiming infants
on the CACFP program .**

**If you have not completed a
Minute Menu training with
Larry , please call him at 636-
5727 ext 249 to get registered.**

Gardening Tips for Kids

1. **Kid gardens must be kid-based.** This means that kids help generate the ideas for what will be there, help with construction and planting, and are responsible for maintenance. Grown-up's need to facilitate and show how, but not do everything.
2. **Be comfortable with dirt.** All kids are washable, so as long as parents have been notified about the gardening activity in advance and haven't sent them in fancy clothing, let them get dirty.
3. **Bugs and crawly critters are cool.** Worms, caterpillars, grubs, insects, spiders and all sorts of wondrous creatures are out in your garden as part of the ecosystem. Please see them as integral parts of the system, and the kids will be amazed and curious, not afraid. Check out *Worms Eat My Garbage* and other great teaching resources on garden critters.
4. **Grow some things to eat.** Children are much more willing to try and consume fresh fruits and vegetables that they have grown. In fact, they likely will try things they never have eaten before *because* they have tended the plants through harvest. Since 60% of kids today don't eat enough fruits and veggies, .



Minute Menu
Minute Menu
Minute

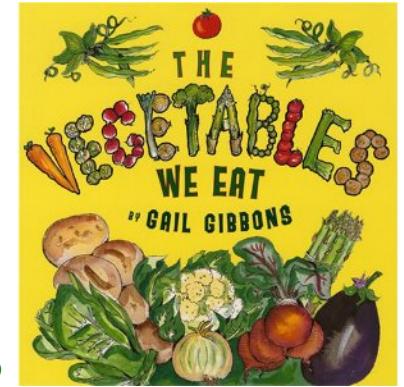
Take a few extra minutes and re-view your claim before you submit. Small errors in your claim can add up to big losses in your reimbursement check.

If you get a notice that says you are claiming pending status children it does not mean that we have not received the paperwork in the office, just that we have not yet processed all of the new enrollment forms we have. Go ahead and submit, chances are they will be changed to active shortly. If you get an error on your claim status form then call into the office and we will try to track down any missing enrollment forms.

Book Spotlight

The Vegetables we Eat

By Gail Gibbons



With so much national concern about child obesity and nutrition, this accessible, inviting introduction to vegetables,

aimed at the picture-book crowd, is certainly timely. Following the tried-and-true formula found in her previous titles, Gibbons matches concise, simple text with bright, cheerful watercolor-and-ink artwork, and she adds more information in text boxes placed within the pictures. The facts range from the most basic ("It is good for us to eat vegetables. They are nutritious.") to the more advanced, such as a definition of hydroponics. Gibbons' survey is visually inclusive; the pictures show families of all shades enjoying vegetables in different ways. And the scenes in the garden, and then on the farm and at the supermarket, show both small- and large-scale production. A final page adds more interesting veggie trivia.

