

**A Happy Birthday to the
October Birthdays!**



**Stephanie
Berry**

Laura McLinn

Stacy Keaton

**Brittany
Chasteen**



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Day Nursery CACFP Staff Extensions

Staff Position Extension

Marsha Hearn-Lindsey, Director of Operations 226

Mindy Bennett, Director of Programs 224

Molly Manley, CACFP Coordinator 228

Larry Gist, Database Manager 249

**DAY NURSERY
HOME VIEWS**

October 2011



CACFP Reminders

1. Providers who claim nights and/or weekends but do not claim every night or weekend must call and let us know when you are not claiming. We will also accept an email.

2. As of October 1st, all children 2 and up must be served 1% or skim milk. The meal will be disallowed if 2% or whole milk is served to any child over 1 year of age.

3. All menus must be posted and dated for the current week, this includes infant menus.

4. Meals need to be documented at point of service.

OCTOBER IS NATIONAL APPLE MONTH

- Eat the peel! Most of the nutrients are in the peel and eating it will help you stay healthy and prevent disease.



- Apples float because ¼ of the fruit is made of air.
- In colonial time apples were called winter banana or melt-in-the-mouth.
- Archeologists have found evidence that humans have been enjoying apples since at least 6500 B.C.
- 7,500 different kinds of apples are grown all over the world.

Apple Songs and Rhymes

Red Apple

A little red apple
Hung high in a tree
I looked up at it
And it looked down at me
"Come down, please" I called
And what do you suppose---
That little red apple
Dropped right on my nose!

Apple Song Tune: Itsy Bitsy Spider

Once a little apple seed was planted in the ground.
Down came the soft rain, falling all around.
Out came the big sun as bright as bright could be
And that little apple seed grew up to be an apple tree!!



Minute Menu Minute Menu Minute

Congratulations to the error free claimers for August:

| | | |
|-----------------|-----------------|-----------------|
| Ralph Armstrong | Shannon Jones | Pamela Steele |
| Janna Apongule | Stacy Keaton | Deborah Stewart |
| Edwina Berry | Vicki McKinnon | Stephanie Tudor |
| Stephanie Berry | Kim McMahon | Rosy Villanueva |
| Kim Clark | Valerie Means | Jackie Watkins |
| Deanna Collins | Cheryl Mohs | Melanie Webber |
| Sandra Crenshaw | Karen Nall | |
| Angela Davis | Deanna Nokes | |
| Laura Fahrner | Dalia Osorio | |
| Desma Fox | Judy Parks | |
| Jenny Frank | Vivian Pfoutz | |
| Beverly Givens | Cassy Picket | |
| Linda Godwin | Lorena Pittman | |
| Kim Hatter | Anna Renfro | |
| Shawn Hughley | Kara Robbins | |
| Jane Iles | Beverly Sanders | |
| Audrey Jones | Tina Shumpert | |
| Kelly Jones | Megan Skidmore | |
| Monica Jones | Fanisha Spencer | |

August Claim Vital Statistics:

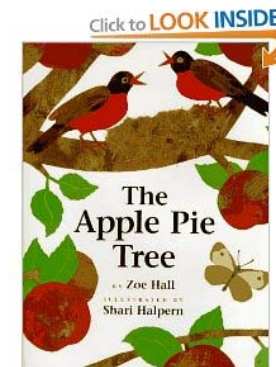
- Total Number of Claims: 106
- Total On-time claims: 84
- Total Meals: 55,221
 - Breakfast - 14,454
 - AM Snack - 5,498
 - Lunch - 16,550
 - PM Snack - 15,891
 - Dinner - 2,053
 - Eve. Snack - 775
- Total Children Served: 1,449
- Claim Total: \$70,216.96
- Average Meal Reimbursement: \$1.27

The Apple Pie Tree

Two young sisters describe the changes that occur in their backyard apple tree throughout the seasons of a year. The tree is bare and brown in winter, but spring brings two robins

that build a nest and raise a family amid the apple blossoms. In summer, the robins fly off, the girls enjoy playing in the tree's shade, and the apples grow bigger and redder. Finally, in autumn, they

pick apples and bake a delicious apple pie. Halpern's colorful collage illustrations perfectly complement the succinct text. Eschewing the use of backgrounds, she concentrates on the tree and the children, which results in crisp edges and an uncluttered appearance that will please young audiences. Appended with an explanation of pollination and a recipe for apple pie, this will make a perfect choice for fall story hours and primary science lessons. Pair with Gail Gibbons' *Seasons of Arnold's Apple Tree* (1984) for another perspective. *Kay Weisman*



Apple Crafts

- **Apple Prints:** Cut apple in half and remove seeds. Use as a stamp in red or green paint.
- **Paper Mache Apples:** Use an inflated balloon for the form. Dip newspaper strips in a wet mixture of flour and water and lay across the balloon entirely. Let dry. Paint and decorate as desired.
- **Crabapple Rolling:** Like marble painting, put paper on the bottom of a box. Dip apples in paint and drop in box. Tilt box to roll the apples and create tracks and designs.