



# Early Childhood and Out of School Learning Professional Development Opportunities

**July, August, and September 2017**

The mission of Child Care Answers is to ensure that the children of today and tomorrow are cared for in a professional and nurturing manner and that parents, child care providers and community leaders know the importance of their roles in the development of children.

1776 North Meridian St.  
Suite A  
Indianapolis, IN 46202

(317) 636-5727  
(800) 272-2937  
Fax (317) 687-6248

Childcareanswers.com

**Office Hours:**  
Monday-Friday  
8am - 5pm

## Office Closings

**July 4**  
Independence Day

**September 4**  
Labor Day

## Save the Date!

**July 15**  
*Growing Up Wild* at the  
Indianapolis Zoo

**August 19**  
Readers into Leaders  
Literacy Conference

Watch our social media  
for more details!

## Readers into Leaders Literacy Conference: Saturday, August 19

Save the date for our annual summer literacy conference, now named "Readers into Leaders", thanks to the creativity of our contest-naming winner Linnea Tuterow.

You will get a chance to attend a number of wonderful workshops and hear great speakers throughout the day. Bring your hunger for learning (and your lunch) to the Indianapolis Central Library on August 19, and join us for a great time!

Watch our website and social media accounts for more details on times and registration.

CCA Staff	Position	Email
<b>Crystal Givens</b>	Director of Programs	crystalg@childcareanswers.com
<b>Lucy Intriago</b>	Bilingual Support Manager	marthab@childcareanswers.com
<b>Kristin Kahl</b>	Knowledge Manager	kristink@childcareanswers.com
<b>Janice Salpietro</b>	Administrative Assistant	janices@childcareanswers.com
<b>OUTREACH DEPARTMENT</b>		
<b>Cheryl Tyler</b>	Outreach Coordinator	cherylt@childcareanswers.com
<b>Marla Segal</b>	Pre-K Project Manager	marlas@childcareanswers.com
<b>Michelle Terry</b>	Outreach Specialist, OT Trainer	michellet@childcareanswers.com
<b>CHILD and ADULT CARE FOOD PROGRAM (CACFP) DEPARTMENT</b>		
<b>Molly Manley</b>	CACFP Coordinator	mollym@childcareanswers.com
<b>Emily Barrow</b>	CACFP Monitor	emilyb@childcareanswers.com
<b>CHILD DEVELOPMENT ASSOCIATE (CDA) CREDENTIAL DEPARTMENT</b>		
<b>Mollie Smith</b>	CDA Coordinator	mollies@childcareanswers.com
<b>Ann Aull</b>	Early Childhood Adult Educator	anna@childcareanswers.com
<b>Sherita Newbern</b>	CDA Specialist & Instructor	sheritan@childcareanswers.com
<b>Vanessa Vance</b>	Early Childhood Adult Educator	vanessav@childcareanswers.com
<b>TRAINING DEPARTMENT – see individual training pages for Trainer contact info</b>		
<b>Shannon Ford</b>	Prof. Development Coordinator	shannonf@childcareanswers.com
<b>PATHS TO QUALITY COACHING DEPARTMENT</b>		
<b>Tikila Welch</b>	Coach Coordinator	tikilaw@childcareanswers.com
<b>Kristin Cofield</b>	Paths to QUALITY Coach	kristinc@childcareanswers.com
<b>Courtney Coleman</b>	Advancement Coach	courtneyc@childcareanswers.com
<b>Rachel Lee George</b>	Paths to QUALITY Coach	rachell@childcareanswers.com
<b>Brittany Flaughter</b>	Paths to QUALITY Coach	brittanyf@childcareanswers.com
<b>Joy McCall</b>	Family Child Care Homes Coach	joym@childcareanswers.com
<b>Bri Schrage</b>	Enhanced Ministry Coach	briannes@childcareanswers.com
<b>Ashley Warren</b>	Enhanced Coaching Specialist	ashleyw@childcareanswers.com



# Infant/Toddler Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call (800) 272-2937.

Lauren George  
Infant/Toddler Specialist  
[laureng@childcareanswers.com](mailto:laureng@childcareanswers.com)

Katherine Darby  
Infant/Toddler Specialist  
[katherinec@childcareanswers.com](mailto:katherinec@childcareanswers.com)

## Guidance and Discipline: What does it look like for infants and toddlers?

**Description:** During this session, you'll gain an overview of guidance and discipline for infants and toddlers and how positive learning environments can prevent challenging behaviors.

**Session Date/Location:**

July 12, 6:15pm – 8:30pm (Bargersville)

**CDA Content:** CDA01 – 0.25hrs, CDA03 – 1.5hrs, CDA08 – 0.75hrs

## Infant and Toddler Learning Centers: Setting Up Your Space to Reflect the Needs of Children from Birth-Age 3

**Description:** What materials do your infants and toddlers need? And how should those be arranged? During this session, you will dive into each learning center and see what is required by licensing and Paths to QUALITY™, why these materials are necessary for their development, and how to arrange the space to support their individual needs. After completion of the training, you will have the option to schedule time for the trainer to come to your program and assist in the arranging of your infant and toddler environments.

**Session Date/Location:**

September 6, 6:15pm – 8:30pm (Fishers)

**CDA Content:** CDA01 – 1.5, CDA08 – 0.75

## Creating Mad Scientists

**Description:** Science is all around us, and children love to experiment most of all! Using the Indiana Early Learning Foundations, you will learn to plan intentional science activities for infants and toddlers. You will gain knowledge how science impacts a child's development, how it can be integrated into multiple learning centers, and what you can do to promote scientific play.

**Session Date/Location:**

August 30, 6:15pm – 8:30pm (Columbus)

**CDA Content:** CDA02 – 2.0hrs

## Understanding the Role of Breastfeeding Support in Child Care

**Description:** Breastfed and formula fed babies are different! They need different things and they differ in the ways in which they eat. In addition, families of breastfed babies need the support of their child care provider in order to continue their nursing relationship. This training will offer information on breastfeeding support in child care delivered from a Certified Lactation Counselor. Come ready to learn a lot of new information and get all your questions answered! Aimbriel Lasley, IBCLC, will be co-training this session.

**Session Date/Location:**

September 13, 6:15pm – 8:30pm (Fishers)

**CDA Content:** CDA1 – 0.75hrs, CDA04 – 0.5hrs, CDA05 – 0.5hr, CDA08 – 0.5hrs

See **Training Central** at [jacrr.org](http://jacrr.org) for live webinar topics on:

- *Breastfeeding Friendly Webinar Series: Connecting Families to Resources* (July 10, 1:00pm – 2:00pm)
- *Managing the Infant Classroom* (July 19, 8:00pm – 9:00pm)
- *Let Them Take Risks! Risky Play for Infants and Toddlers* (August 9, 8:00pm – 9:00pm)
- *Helping Infants Transition to Solid Foods* (August 29, 1:00pm – 2:00pm)
- *Master Webinar Series: Does Supersized Start with Baby Bottles?* (September 12, 1:00pm – 2:00pm)

To register for live webinars in Training Central, log on at [jacrr.org](http://jacrr.org). Click the “Webinars” tab, then click “REGISTER” next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) for any questions or issues.

The **Health & Safety page** also contains more information on face-to-face Safe Sleep classes.



# Working with Children with Special Needs

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Sarah Bailey  
Inclusion Specialist  
sarahb@childcareanswers.com

## Inclusive Considerations for Physical Development

**Description:** Physical development is crucial for all children, including children with challenging behaviors, developmental delays, and disabilities. In this training, you will learn how to consider each child's diverse needs and abilities as you plan physical learning activities in your classroom. Jamie Le Sesne Spears from Partnerships for Early Learners facilitates.

**Session Date/Location:** July 10, 6:30–8:00pm (Indy)

**CDA Content:** CDA02 – 1.0hrs, CDA08 – 0.5hrs

## Enjoy the Ride - Caring for Children with Special Needs

**Description:** We'll define person-first language, examine the many benefits of inclusion, and discuss an overview of commonly-diagnosed disabilities. You will leave with an increased understanding of the many strategies available to assist children with disabilities in the classroom. You never can have enough tools in your toolbox!

**Session Date/Location:** August 1, 6:15–8:30pm (Indy)

**CDA Content:** CDA05 – 1.0hr, CDA07 – 1.0hr, CDA08 – 0.25hr

## Autism 101

**Description:** Autism is a lifelong developmental disorder that impacts social skills, communication and behavior. We will cover its basic elements and how to facilitate interaction with people with autism. Specifically, we will discuss tips and practical solutions for working with school-age and younger children.

**Session Date/Location:** September 5, 6:15pm - 8:15pm (Indy)

**CDA Content:** CDA01 – 1.0, CDA02 – 0.5hrs, CDA03 – 0.5hrs

## Social Skills Stories and Other Visual Supports

**Description:** Ever wondered how to introduce new social concepts to the children in your classroom? Use stories! We'll learn how to use words, pictures, posters, or other visuals to create our own social stories. These stories can then teach children the process of a particular social skill, such as following schedules or taking turns. You'll then learn to use different strategies so your story can meet the needs of each child.

**Session Date/Location:** July 25, 6:15 -8:30pm (Indy)

**CDA Content:** CDA01 – 1.0hrs, CDA03 – 1.25hrs

## Let's Talk! Breaking Down Communication Barriers with Families

**Description:** Let's discuss ways to break down communication barriers with families. We will discover ways to strengthen, assist, empower, and support families. We will discuss strategies to build positive partnerships, how to share information regarding the child's progress, and how to effectively communicate and connect with families.

**Session Date/Location:** July 20, 6:15–8:30pm (Indy)

**CDA Content:** CDA04 – 2.25hrs

## Help! What are These Big Feelings: Helping Children Who Get Overwhelmed with Anger or Anxiety

**Description:** Do you work with children easily overwhelmed by big emotions? This session gives you tools and strategies on how to strengthen your environment to reduce aggression and anxiety. We'll discuss how to use appropriate strategies to support children with anger or anxiety and ways to effectively collaborate with parents to support their young children.

**Session Date/Location:** September 20, 6:15 –8:30pm (Indy)

**CDA Content:** CDA03–1.5hrs, CDA04 –0.5hr, CDA07– 0.25hrs

## ADHD: Facts & Fiction

**Description:** Get the facts & fiction about ADHD! You will learn strategies and techniques for meeting the needs of each individual child in the classroom. We will discuss the importance of relationships and how the physical environment can also play into ways to help support children with ADHD.

**Session Date/Location:** September 28, 6:15–8:30pm (Indy)

**CDA Content:** CDA03 – 2.0hrs, CDA04 – 0.25hrs

## Managing Food Allergies in Child Care

**Description:** When children are in a high quality environment where their basic health, safety, and nutrition needs are met, they are able to develop and learn at an optimal level. Food allergies present a unique challenge for child care providers. In this session, learn to recognize the difference between food allergies and food aversions. You will gain strategies to support the child's healthy development and resources for the home.

**Session Date/Location:** August 8, 6:15 –8:30pm (Carmel)

**CDA Content:** CDA01 – 2.25hrs



# Preschool / Pre-K Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

## Foundations: English/Language Arts

**Description:** Young children must have the opportunity to do more than simply “learn to read and write.” They need adults who provide experiences that make literacy enjoyable. The Indiana Early Learning Foundations were designed to support teachers, parents, caregivers, and other professional personnel as they develop appropriate experiences for young children. During this workshop, we will be talking about all things English/Language arts, as it relates to the Foundations: communication process, early reading, and early writing. You will learn how to use knowledge of language and literacy content, concepts, and learning trajectories to design the curriculum and learning environments. Creating age-appropriate language and literacy learning experiences, while utilizing the Foundations, will be the focus of this workshop.

**Session Date/Location:**

July 20, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 2.25hrs

## Using Pinterest In a Developmentally Appropriate Way

**Description:** Pinterest is a wealth of knowledge, but not everything there is truly developmentally appropriate. You will learn developmentally appropriate practices in the early childhood world. We will relate this back to planning engaging, hands-on activities for the children in your care. Let's learn how you can use Pinterest in a developmentally appropriate way!

**Session Date/Location:**

August 3, 6:15pm – 8:30pm (Bargersville)

**CDA Content:** CDA02 – 1.0hrs, CDA08 – 1.25hrs

## Lesson Planning for Young Children

**Description:** In this session, you will learn what to consider when writing your lesson plans. There are many pieces to the lesson-planning puzzle, so it can get tricky to navigate. We will talk about how to plan your lessons/experiences using your observations and assessments as a guide. We will also discuss how you can ensure development across all key areas. Once we discuss logistics, we will take what we learned and work together to plan a lesson. Being an intentional lesson planner is key to setting the children in your care up for success.

**Session Date/Location:**

July 25, 6:15pm – 8:30pm (Columbus)

**CDA Content:** CDA2–0.75hr, CDA03–0.75hr, CDA07 – 0.75hr

## Foundations: Mathematics

**Description:** Young children can learn math content if you provide daily opportunities for problem solving, reasoning, communication, connections, and representations. Adults can help develop these processes over time by connecting math to everyday activities. The Indiana Early Learning Foundations were designed to support teachers, parents, caregivers, and other professionals as they develop appropriate experiences for young children. During this session, we discuss all things math, as it relates to the Foundations: numeracy, computation and algebraic thinking, data analysis, geometry, and measurement. You will learn how to use knowledge of math content, concepts and learning trajectories to design your curriculum and learning environments. We will focus on creating age-appropriate math learning experiences, while using the Foundations.

**Session Date/Location:**

August 8, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 2.25hrs

## It's Okay NOT to Share

**Description:** We've all witnessed a moment where children argue over a toy. Not wanting to share is 100% developmentally appropriate. Instead of *making* them share, let's understand their development and why it is OK for them to not share. Sharing comes in stages. We'll learn how children develop the ability to share and how you can help develop that skill.

**Session Date/Location:**

September 21, 6:15pm – 8:30pm (Bargersville)

**CDA Content:** CDA03 – 2.25hrs

## Serving It Up: Child Health and Nutrition

**Description:** Child health and nutrition is about more than childhood obesity. You will gain knowledge of health and nutrition practices that will set the children in our care up to be happy and healthy. Picky eaters? Let's talk about it! Modeling positive health behaviors? Let's talk about that too! We will also be talking about physical activity and what those children in your care need. Instilling positive health behaviors in young children helps them to have continued understanding of the importance of healthy choices.

**Session Date/Location:**

August 22, 6:15pm – 8:30pm (Carmel)

**CDA Content:** CDA1 – 1.25hrs, CDA02 – 1.0hrs

# Preschool / Pre-K General and Challenging Behavior Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

Cori Newland  
Early Childhood Development Specialist  
[corin@childcareanswers.com](mailto:corin@childcareanswers.com)

## Learning Centers 102

**Description:** How can we make learning centers different and more appealing? Learn how to embed a variety of learning approaches and strategies into the classroom. We also identify ways to improve our learning centers and ensure they support development across all key areas and developmental stages.

**Session Dates/Location:** Sept. 12, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA02 – 2.25hrs

## Understanding and Nurturing a Child's Fascination with Superheroes

**Description:** What is superhero play? Why is it so appealing to children? What can teachers do about it? We will examine strategies to promote safe superhero play in the classroom and how it can promote curiosity, exploration, and problem solving.

**Session Date/Location:** July 6, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01 – 0.5hr, CDA03 – 1.25hrs, CDA08 – 0.5hr

## Creating a Positive Classroom Community

**Description:** Learn how to build positive relationships within your classroom. People don't always realize that the environment you create is a community. Gain strategies to assist you and the children in establishing positive and nurturing relationships with one another. Consistent, stable, and nurturing relationships are key; they help support the development and learning of the children in your care.

**Session Date/Location:** September 19, 6:15- 8:30pm (Indy)

**CDA Content:** CDA01 – 2.0hrs, CDA02 – 0.25hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

- *Master Webinar Series: The Mindful Teacher* (7/18, 1-2pm)
- *How Environments Affect Behaviors* (7/27, 1-2pm)
- *Logical Consequences for Preschoolers* (8/10, 1-2pm)
- *Learning Centers 101* (8/15, 1-2pm)
- *Master Webinar Series: Bang! Bang! Bad Guys Allowed* (8/31, 1-2pm)
- *Gender Bias Classrooms: Don't Forget the Boys!* (9/19, 1-2pm)
- *Directors: How to Deal with Difficult Personalities* (9/27, 1-2pm)

## Building Relationships with Challenging Children

**Description:** Understand the importance of establishing positive and consistent relationships to foster social and emotional development, even with children with challenging behaviors. Teachers will learn how to use intentional interactions to support child development.

**Session Date/Location:** July 22, 9:30–11:45am (Noblesville)

**CDA Content:** CDA03 – 2.25hrs

## Rules vs Routines: Using Visuals for Both to Reduce Challenging Behaviors

**Description:** Learn how to consistently deploy productive routines that increase predictability and learning opportunities. You will gain practical strategies to take back to the classroom with the intention of decreasing challenging behaviors.

**Session Date/Location:** August 21, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA03 – 1.75hrs, CDA08 – 0.5hrs

## Behavior Busters

**Description:** Young children need a teacher to promote positive socio-emotional development and self-regulation, even when the behavior is challenging. Learn effective ways to address challenging behaviors while reflecting on your own role as the teacher in guiding the self-regulation process. After this course, you'll know how to use guidance techniques and model positive behaviors to help children self-regulate and act responsibly.

**Session Date/Location:** July 11, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA03 – 2.25hrs

## Classroom Management: Let's Get it Together

**Description:** Through positive guidance techniques, learn how to provide consistent and productive routines and schedules and a sense of emotional calm in your learning environments.

**Session Date/Location:** Sept. 26, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01 - 1hr, CDA03 - 1.75hr, CDA08 - 0.5hr



# School Age Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAtraining](http://bit.ly/CCAtraining) or call our office at (800) 272-2937.

Jenny Mathis  
School Age Specialist  
[jennym@childcareanswers.com](mailto:jennym@childcareanswers.com)

## Bullying 101: Is it happening in my program?

**Description:** Bullying is a growing concern among afterschool programs committed to keeping children safe during the late-afternoon hours. Establishing positive and consistent relationships to foster social and emotional development is key to the responsibilities of those working with school age children. This training will focus on the definition of bullying, forms of bullying, symptoms of the bullied child, ways to support a child who is being bullied, and intervention strategies.

**Session Date/Location:**  
September 23, 9:00am – 11:15am (Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

## All Things School Age for Family Child Care Providers

**Description:** Are you a family child care provider? If so, you know first hand the many challenges for caring for school age children in your mixed age environment. Unlike child care center teachers, you often care for children of many ages. You may offer services for children as young as six weeks of age and may provide after school or summer care for older children as well. In this session, we will look at creating an environment which supports the development of school age children, along with strategies to meet the individual needs of those children.

**Session Date/Location:**  
September 19, 6:30pm – 8:45pm (Indianapolis)

**CDA Content:** CDA01–1.0hr, CDA02 –1.0hr, CDA03 – 0.25hrs

## Bullying 102: How to help kids become "victim proof"

**Description:** This workshop will help you know the importance of establishing positive and consistent relationships to foster social and emotional development. We will discuss strategies for helping children lose the "victim" mindset and becoming "bullyproof".

**Session Date/Location:**  
September 23, 11:45pm – 2:00pm (Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

## Family Engagement in Out of School Time: Not just a newsletter!

**Description:** Family engagement is more than sending a newsletter to parents. In this workshop, we will explore the family's role as primary educator and decision maker. This workshop will also teach professionals strategies for building positive reciprocal partnerships with families for children in their care.

**Session Date/Location:**  
July 26, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA04 – 2.25hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics:

- *Social Emotional Learning in Out of School Time: What does it look like?* (July 13, 1:00pm – 2:00pm)
- *Effective Discipline in Out of School Time* (July 25, 1:00pm – 2:00pm)
- *Transitioning from Summer to School Year* (August 11, 1:00pm – 2:00pm)
- *Introduction to the Indiana Afterschool Standards* (August 17, 1:00pm – 2:00pm)
- *Homework Time that Keeps Kids Engaged* (September 14, 1:00pm – 2:00pm)

To register for live webinars in Training Central, log on at [iacrr.org](http://iacrr.org). Click the "Webinars" tab, then click "REGISTER" next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) for any questions or issues.



## Wellbeing and Self-Care

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Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Teacher Wellbeing Series: Introduction to the Workforce

**Description:** During this session, we will be going over an "introduction to the workforce" and the early childhood workforce in general. It is important that, as early childhood educators, we are self-reflective. We will be talking about a lot of statistics that pertain to the early childhood field. Let's talk about how we can build you up so you can be the best caregiver possible.

**Session Date/Location:**  
August 29, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs

### Teacher Wellbeing Series: What is emptying your tank?

**Description:** You are in a field of caregivers. Too often, we find ourselves giving too much and not taking care of ourselves. We will discuss the things in life that may be "emptying your tank". It's important to take care of yourself and reflect on what you need to be the best you can be. We also discuss why you do what you do. Early childhood educators are so valuable. Let's celebrate you and the wonderful work you do!

**Session Date/Location:**  
September 28, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs

### Managing Stress and Burnout in the Early Childhood Field

**Description:** Stress and burnout are common in the early childhood field. We discuss how to manage your stress and take care of yourself. It's important for you as the adult to learn self-care to manage your own feelings, to in turn help take better care of each child.

**Session Date/Location:**  
September 7, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs

## Growing up WILD – Early Childhood Science Curriculum Workshop

Join us in our partnership with the Indianapolis Zoo for *Growing Up WILD* on Saturday, July 15! During this workshop, you will learn about the Growing up WILD curriculum and take home your own copy. The curriculum builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences, Growing up WILD provides an early foundation for developing positive impressions about the natural world and lifelong social and academic skills.

**CDA Content:** CDA02 – 3.0hrs

**Cost:** Only \$20, which includes an *entire early childhood science curriculum!* Call our office at (800) 272-2937 to make your payment by credit card. Spots cannot be reserved until we receive payment.





## Road to Licensure Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Michelle Terry  
Outreach Specialist  
[michellet@childcareanswers.com](mailto:michellet@childcareanswers.com)

### Orientation I – Overview for those interested in starting the business of child care

**Description:** This workshop provides an overview for those interested in starting a child care business in a home, center, or ministry. It covers regulatory requirements, resources, and some info on health, safety, and business practices. It serves to help with the decision-making process for participants to choose which type of care they would like to provide.

**Session Dates/Locations:**

July 12, 6:15pm – 8:15pm (Indianapolis)  
August 9, 6:15pm – 8:15pm (Indianapolis)  
September 13, 6:15pm – 8:15pm (Indianapolis)

**CDA Content:** CDA01 – 1hr, CDA05 – 0.75hr, CDA06 – 0.25hr

Online, one-hour recorded sessions of Orientation I are also available on Training Central. Register at [jacrr.org](http://jacrr.org).

### Orientation II – A requirement for family child care providers to become licensed

**Description:** This course outlines regulatory requirements, licensing steps, and resources for providing licensed child care in a home environment. You will leave prepared to take the next steps to licensing your home and receive necessary paperwork.

**Session Dates/Locations:**

July 19, 6:00pm – 9:00pm (Indianapolis)  
August 23, 6:00pm – 9:00pm (Indianapolis)  
September 20, 6:00pm – 9:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.5hr, CDA05 – 1.0hr, CDA06 – 0.5hr

Planning to open a **licensed center** or **unlicensed registered ministry**? Complete Orientation II through the Office of Early Childhood and Out-of-School Learning. View specifics dates at [in.gov/fssa/carefinder/3064.htm](http://in.gov/fssa/carefinder/3064.htm).



## Child Development Associate (CDA) Credential

Mollie Smith  
CDA Coordinator  
[mollies@childcareanswers.com](mailto:mollies@childcareanswers.com)

The Child Development Associate (CDA) National Credential is the most widely recognized credential in early childhood education and is a key stepping stone on the path of career advancement. The program's purpose is to enhance the quality of early child care by defining, evaluating, and recognizing the competence of early child care professionals across the country. This process includes 120 clock hours of formal training in specific areas, a portfolio, family questionnaires, a verification visit, and an online exam. For more details about the specific process and requirements, visit the CDA Council's website at [cdacouncil.org](http://cdacouncil.org).

### CDA Education Hours

Depending on your learning style and availability, we offer a few different options. See [Childcareanswers.com](http://Childcareanswers.com) for more detailed info.

- **Face-to-face Training** – We offer programs with varying schedules and completion times, each with their own individual requirements. Your cost may be as little as \$100, thanks to scholarships through generous partners. To get started, fill out our wait list form at [bit.ly/cdainterest](http://bit.ly/cdainterest). We will contact you to let you know when we have a spot available that fits your needs.
- **Online Training** - Smart Horizons also offers an Online Education CDA through the Child Care Aware Training Academy for \$299, with portfolio assistance for an additional \$500. Find more info at [smarthorizons.org/naccrra/ccan](http://smarthorizons.org/naccrra/ccan).
- **Independent Study** - If you completed independent study hours and want help with next steps, contact Mollie Smith.

### Renewing or Updating Your Expired CDA

All CDA credentials are valid for three years from the date of the award. There is no longer a grace period for an expired CDA. Keep all documentation for trainings and other professional development from the date of earning your credential. We suggest you start the renewing process six months prior to expiration. All info you submit for a renewal goes directly to the CDA Council in Washington D.C. Child Care Answers does not have any control or management over your CDA renewal. **If your CDA has expired, your 120 hours do not expire.** You will need to review and update your portfolio and reapply for the assessment process (verification visit and online exam). Go to [cdacouncil.org](http://cdacouncil.org) > Credential > Renewal to view helpful checklists. If you need an ECE Reviewer, contact Mollie Smith.



# Health and Safety Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

We offer several opportunities for you to fulfill your health and safety requirements in a face-to-face setting. Check out our offerings below.

## Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care

**Description:** Increase your understanding of a safe sleeping environment for infants, newborn to 12 months of age. Focus will be on creating a safe and healthy sleeping area and risk reduction strategies for Sudden Infant Death Syndrome (SIDS) and accidental death prevention. This training is a pre-service requirement that satisfies Public Law 162-205 for home licensure, as well as Provider Eligibility Standards Certified home providers (CCDF Voucher). Child care providers from all settings are encouraged to attend this free training.

### Session Dates/Locations:

#### Columbus

September 13, 6:15pm – 8:45pm

#### Franklin

August 23, 6:15pm – 8:45pm

#### Indianapolis

July 13, 6:15pm – 8:45pm

July 19, 6:15pm – 8:45pm

July 27, 12:30pm – 3:00pm

August 8, 12:30pm – 3:00pm

August 16, 6:15pm – 8:45pm

August 30, 6:15pm – 8:45pm

September 7, 6:15pm – 8:45pm

September 19, 12:30pm – 3:00pm

September 27, 6:15pm – 8:45pm

#### Plainfield

July 15, 10:00am– 12:30pm

**CDA Content:** CDA01 – 2.5hrs

## Child Abuse and Neglect Detection and Prevention

**Description:** This includes the one-hour training created by the FSSA's Health Consultants and provides information on the prevalence of abuse and neglect, causes, and prevention of abuse. It meets the standard for completing Child Abuse Detection and Prevention training as required by Indiana law for Unlicensed CCDF providers as well as any other child care providers who are required to complete the training.

### Session Dates/Locations:

July 13, 6:30pm – 8:30pm (Avon)

August 9, 6:30pm – 8:30pm (Franklin)

September 25, 1:00pm – 3:00pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs

## School Age Child Development Module 4 (INHS)

**Description:** During the school-age years, the brain continues to undergo changes and develop - socially, emotionally, physically, and cognitively. Caregivers and teachers are in a unique position to provide a variety of experiences that support all those areas. We address basic principles of development for school agers and implications for learning environments. 11.Major domains of Child Development (recommended)

### Session Date/Location:

August 23, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs

Once you have completed *Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care*, you can take the *Refresher Workshop for Safe Sleeping Practices* online at Training Central. However, you must complete the face-to-face version first.

Both *Child Abuse and Neglect Detection and Prevention* and *School Age Child Development Module 4 (INHS)* are available online at Training Central. These courses are available for you to take at your own pace, at a day and time that it convenient for you.

To access recorded trainings in Training Central, log on at [iacrr.org](http://iacrr.org). Then, click the the "Trainings" tab. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) for any questions or issues.

# Health and Safety Day Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Child Care Answers offers INHS Health and Safety trainings offer in a series each month. Pick and choose the classes the work best for you or attend all three classes together in the series.

## Health and Safety Day 1

**Description:** This course is an introduction to child development, touching on each developmental domain for infants, toddlers and preschoolers. Upon completion, you will be able to define child development and examine developmental domains for infants, toddlers, and preschoolers. You will also identify how to involve and collaborate with parents to support positive child development, in addition to identifying causes of childhood obesity and the link to physical activity. This training meets the Health and Safety orientation training requirements for topic areas: 8. Prevention of sudden infant death syndrome and use of safe sleeping practices (if applicable), 10. First Aid and CPR Overview 11. Major domains of Child Development (recommended)

**Session Date/Location:**

August 10, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 3

**Description:** This training will focus on vaccinations and medications, and we'll discuss how vaccinations work and why it is important to immunize children and adults. We will also discuss current medication storage and distribution practices. Other topics include physical activity and infection disease. Upon completion of this course, you will be able to implement strategies to stop the spread of infectious diseases, including immunizations. You will also be able to describe the relationship between a developmental stage and risk of injury, as well as implement procedures for storing medication and hazardous materials. This training meets the Health and Safety orientation training requirements for topic areas: 1. Prevention and Control of Infectious disease (including immunizations) 2. Administration of medication consistent with standards for parental consent 6. Handling and storage of hazardous materials and appropriate disposal of bio-contaminants 10. First Aid and CPR Overview

**Session Date/Location:**

August 24, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 2

**Description:** Nutritional Practice includes related health topics for children. In this session, you will evaluate your current nutritional practices through a self-assessment and will compare nutritional needs of children based on age. We will discuss and compare allergies versus intolerance to food. You will learn how to recognize nutritional requirements for children and how to promote healthy eating. Upon completion of this course, you will be able to describe common food allergies and signs of an allergic reaction, as well as how to safely store, administer, and properly document the use of medications. This training meets the Health and Safety orientation training requirements for topic areas: 2. Administration of medication consistent with standards for parental consent 3. Prevention and response to emergencies due to food and allergic reactions

**Session Date/Location:**

August 17, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 4

**Description:** Day 4 has topics related to the safety of children. Providing a safe environment and planning for emergencies are vital. Through education and proper transportation safeguards, you can ensure children's safety and prevent injuries. We will define the relationships between development stages and risk of injury, as well as the steps to maintain safe building, grounds, and equipment. Upon completion of this training, you should be able to create plans for keeping children safe in an emergency and discuss policies for transporting children safely. This training meets the Health and Safety orientation training requirements for topic areas: 4. Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic 5. Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a man-caused event (such as violence at a child care facility), within the meaning of those terms under section 602(a)(1) OF THE Robert T. Stafford Disaster Relief and Emergency Assistance Act. 7. Appropriate precautions in transporting children (if applicable)

**Session Date/Location:**

August 31, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs



# Trainings in Spanish – Entrenamientos en Español

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Lucy Intriago

Bilingual Support Manager / Gerente de Apoyo Bilingüe

[marthab@childcareanswers.com](mailto:marthab@childcareanswers.com)

## Orientation I - Orientación I

**Descripción:** Este taller ofrece una visión general a los participantes que están interesados en comenzar el negocio de cuidado de niños/as en un hogar, centro o en ministerio y es la primera parte de una serie de dos partes. Cubre los requisitos reglamentarios, y recursos y da información a las practicantes sobre la salud, la seguridad y los negocios. Sirve para ayudar en la toma de decisiones a los participantes para elegir el tipo de atención que desean ofrecer.

**Session/Sesión, Date/día Locations/lugar:**

July 18, 3:00pm – 5:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.0hr, CDA05 – 0.75hr, CDA06 - 0.25hr

## Charlas

**Descripción:** Venga a disfrutar de una noche con otros profesionales para hablar de la Educación Infantil. Cada otro mes vamos a tener un tema y entrenadores diferentes.

**Sessions/Sesiones, Dates/días Locations/lugares:**

July 26, 6:30pm – 8:30pm (Indianapolis)

September 27, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 - 2.0hrs

## Safe Sleeping to Reduce the Risk of SIDS in Child Care – Seguro para dormir

**Descripción:** Los participantes aumentarán su comprensión de un medio ambiente seguro para dormir para los bebés, recién nacidos hasta los doce meses de edad. Se hará hincapié en la creación de una zona de dormitorio y de reducción de riesgos de estrategias seguras y saludables para el Síndrome de Muerte Súbita del Lactante (SMSL) y la prevención de la muerte accidental. Este entrenamiento es un requisito previo al servicio que satisfaga la Ley Pública 162-205 para obtener la licencia en casa, así como los estándares de elegibilidad de proveedores, proveedores de origen certificadas (CCDF) Vale. Se alienta a los proveedores de cuidado infantil a asistir a esta capacitación gratuita.

**Session/Sesión, Date/día Locations/lugar:**

August 9, 5:00pm – 7:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Orientation II – Orientación II

**Descripción:** Preparación para el Cuidado Infantil en casa de niños/as con licencia, es el segundo entrenamiento en esta serie de dos partes, para delinear los requisitos reglamentarios, pasos de concesión de licencias, y recursos para la atención de niños/as con licencia en un entorno doméstico. Usted saldrá de este entrenamiento preparado para dar los próximos pasos para la concesión de licencias de su casa y recibirán la documentación necesaria.

**Session/Sesión, Date/día Locations/lugar:**

August 2, 5:30pm – 7:30pm ( Indianapolis )

**CDA Content:** CDA01-1.5hrs, CDA05 - 1.5hrs, CDA06 – 0.5hrs

## Introduction to the Foundations – Fundaciones

**Descripción:** Los participantes aprenderán acerca de LOS FUNDAMENTOS y los Estándares Académicos de Indiana desde el nacimiento hasta la edad de 5 años. LOS FUNDAMENTOS ayudan a los adultos en la presentación de actividades adecuadas al desarrollo de los niños/as pequeños que apoyan el crecimiento y desarrollo del niños/as. Este taller interactivo apoya muchas de las oportunidades de aprendizaje que ya se suministra a los niños/as pequeños y que sirven como marco para la planificación futura.

**Session/Sesión, Date/día Locations/lugar:**

August 30, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 - 1.0hrs, CDA01 – 1.0hrs

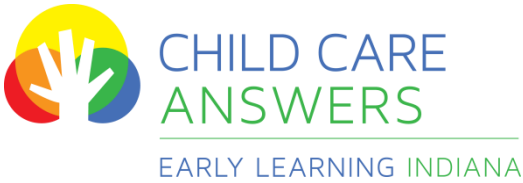
## Child Abuse and Neglect Detection and Prevention – Detección de Abuso Infantil

**Descripción:** Creado por la FSSA, la Oficina de Asesores de Salud de Cuidado Infantil. Este entrenamiento de unas horas, ofrece a los participantes información sobre el abuso y negligencia, las causas y la prevención del abuso y la negligencia, y la forma de reportar el abuso y la negligencia. Esta formación será cumplir con la norma para completar la formación del Abuso Infantil Detección y Prevención como lo requiere la ley de Indiana para los proveedores de CCDF sin licencia, así como cualquier otro proveedor de cuidado infantil que se requieren para completar la formación.

**Session/Sesión, Date/día Locations/lugar:**

September 5, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs



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We frequently use our social media platforms to communicate trainings and webinars that might be of interested to families, community members, or child care providers. Sign on to your favorite site to learn more and join the conversation! Don't forget to check out our website at [childcareanswers.com](http://childcareanswers.com)!



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