



# Early Childhood and Out of School Learning Professional Development Opportunities

**October, November, and December 2017**

The mission of Child Care Answers is to ensure that the children of today and tomorrow are cared for in a professional and nurturing manner and that parents, child care providers and community leaders know the importance of their roles in the development of children.

## You spoke – we listened! New training topics this quarter.

In June, we sent out our Provider Needs Survey, and we heard so many great ideas from so many of you! Based on your needs, we are proud to offer some new trainings, including those on lesson planning and learning centers. Our Child Care Answers Film Series offers screenings of two impactful documentaries, *Resilience* and *Reject!* with discussions following. We're also continuing our popular Teacher Wellbeing Series and our partnerships with community partners, like Christopher Nunn of Southeast Community Services and the IMA.

As always, you don't need to wait until next year's survey to let us know your ideas for future trainings. Visit us at our website and click "Contact Us" or call us at (317) 636-5727.

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Childcareanswers.com

### Office Hours:

Monday-Friday  
8am - 5pm

## Office Closings

**November 23-24**  
Thanksgiving Holiday

**December 25**  
Christmas Day

## Save the Date!

### November 8

Laura Numeroff, author of *If You Give a Mouse a Cookie* at Indianapolis Central Library

Watch our social media for more upcoming events!

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# Guest Presenters and Special Trainings

Request to register at our online form at [bit.ly/CCAtaining](http://bit.ly/CCAtaining) or call our office at (800) 272-2937.

Child Care Answers is honored to host presenters from within our community. These presenters are experts in their field and offer trainings that engage and delight child care providers and educators in unique and challenging ways.

## Prevent Child Abuse IN: Bullying Prevention

**Description:** Presented by our friends at Prevent Child Abuse Indiana, this workshop will introduce basic concepts and definitions around bullying behaviors. It will address the different forms of bullying, prevention methods, as well as policies and laws in Indiana around bullying. This training is appropriate for older youth, parents, community members, educators, and professionals who work with children.

**Session Date/Location:**

October 5, 10:00am – 12:00pm (Indianapolis)

**CDA Content:** CDA03 – 2.0hrs



## Using Mud to Mold Your Learning

**Description:** He's back! In this messy interactive workshop (designed especially for teachers of preschool, kindergarten, and school age children), you will dig deep in the mud with instructor Christopher Nunn! We'll learn about dorodango (the Japanese art of polishing mud balls) and prepare and get some experience with three recipes: paper clay, cardboard clay, and mud slime. We'll enjoy a discussion about being role models of learning and thinking and document our shared ideas. As we further mold, sculpt, and play with our mud recipes, we'll use Powerful Questions in a thinking routine to discuss how we as teachers want to mold our own learning over the next year. We'll document some simple personal learning plans and -- with our colleagues -- start to identify ways we might learn the things we desire.

**Session Date/Location:**

November 9, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 2.0hrs

## Child Care Answers Film Series

### Resilience Film and Discussion

**Description:** Join us for a special screening of the documentary *Resilience*. Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As this new documentary reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. *Resilience*, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.

**Session Date/Location:**

November 21, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

### Dealing with Rejection and Ostracism in Young Children

**Description:** Rejection occurs throughout life. It can also be referred to as ostracism. What does it look like? What are its affects? Ostracism is a topic we may not think about, but unfortunately it is something which all of us have experienced. How does it affect our behavior, our work/school performance, or our interpersonal relations? Come join us for a special screening of the *Reject!* documentary and discussion after.

**Session Date/Location:**

December 12, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA03 – 2.5hrs





## Teacher Wellbeing Series

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### How Your Executive Functioning Skills (or Lack Thereof) Impact Your Life

**Description:** Are you often late to meetings or appointments? Do you put off projects until the last minute? Do you lose things and live with piles of papers? Are you overwhelmed by your responsibilities and commitments? Are you frustrating those around you by missing deadlines? Do you never seem to reach your goals? Don't worry; your executive functioning skills can improve! In this session, we will assess our own EF skills and discover strategies to improve our cognitive abilities.

**Session Date/Location:** November 2, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA06 – 2.25hrs

### Keeping Your Sanity During the Holiday Hoopla

**Description:** The weather outside might be frightful, but inside it's much worse. Yes, the holidays do bring excitement and cheer, but stress, anxiety, and winter blues are sitting below the surface. This can be enough to drag us across the line from sanity to insanity. Join Vicki and Shannon for strategies and tips that focus on stress management, meditation, and healthy lifestyles. Learn how to keep both your classroom and your home life joyous through the holidays and into the new year!

**Session Date/Location:** December 5, 6:30pm – 8:45pm (Indy)

**CDA Content:** CDA06 – 2.25hrs

### Freeing Yourself from the Stress Trap

**Description:** Did you know that caregivers who are stressed find it more difficult to offer praise, nurturance, and the structure that young children need? Did you know that caregivers who are stressed are more likely to use harsher discipline? Did you know that children whose caregivers are under high stress tend to have more challenging behavior? Join our guest presenter Sydney Johnson from Anthem as she discusses the ins and outs of stress and how to free yourself from the stress trap!

**Session Date/Location:**  
October 10, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs



## Father Engagement Series

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Shannon Ford  
Professional Development Coordinator  
[shannonf@childcareanswers.com](mailto:shannonf@childcareanswers.com)

### A Single Mom's Story About Why a Kid (and his Mom) Needs A Dad

**Description:** Using humor and personal narratives, single mother Shannon Ford shares her journey of parenting her 17-year-old son Jacob. Without his father in the picture, Shannon and Jacob both have had to count on their village to get where they are today. This session explores the statistics of fatherless children, examines the parenting differences (not deficiencies) between mothers and fathers, and offers tips to share with single mothers or fathers when dealing with the other parent.

**Session Date/Location:** October 17, 6:30pm – 8:45pm (Indy)

**CDA Content:** CDA04 – 2.25hrs

### How Father-Friendly is Your Program?

**Description:** How father-friendly is your child care program, and why does it matter? In this session, we will become familiar with the Father Friendly Check-Up tool, assess your program's degree to which you encourage father involvement, and create a strategic plan to improve your program's father friendliness.

**Session Date/Location:**  
November 28, 6:30pm – 8:45pm (Indy)

**CDA Content:** CDA04 – 2.25hrs



# Children with Special Needs or Challenging Behaviors

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

**Sarah Bailey**  
Inclusion Specialist  
sarahb@childcareanswers.com

**Cori Newland**  
Early Childhood Development Specialist  
corin@childcareanswers.com

## Introduction to IFSP/ IEPs

**Description:** This training will introduce you to what an Individual Family Service Plan (IFSP) / Individualized Education Plan (IEP) is, what it looks like, and how to use an IFSP/IEP in order to make individualized lesson plans. IFSP/IEP technical assistance is available after upon request.

**Session Date/Location:** October 10, 6:15–8:30pm (Franklin)

**CDA Content:** CDA08 – 2.25hrs

## Creating a Cozy Corner in Your Classroom

**Description:** A full day of child care can be stressful and difficult to manage for some young children. You can set aside a cozy corner or a "be by myself" space in the classroom for a child to use when he feels overwhelmed, upset, or tense. In this workshop, you will learn how to promote positive interactions and guidance techniques and strategies. You will understand how personal and social development is impacted by the environment you have created in your classroom.

**Session Date/Location:** November 30, 6:15–8:30pm (Hope)

**CDA Content:** CDA01 – 1.0hr, CDA03 – 1.25hr

## In Their Shoes: Empathy & Caring for Children from Traumatic Experiences

**Description:** We will discuss empathy and ways that we, as providers, can care for children from traumatic experiences. You will understand how to incorporate the knowledge from the session into your child care setting. You will have an improved knowledge of how children in traumatic experiences express their emotions and improved knowledge of caring for children from traumatic situations.

**Session Date/Location:** November 14, 6:00–9:00pm (Carmel)

**CDA Content:** CDA01 – 1.0hrs, CDA03 – 2.0hrs

## Incorporating Social Emotional Development

**Description:** Learn how to best prevent challenging behaviors: build relationships and create supportive environments. Explore social emotional teaching strategies such as problem solving, communicating emotions appropriately, and building friendships.

**Session Date/Location:** December 19, 6:15 –8:30pm (Indy)

**CDA Content:** CDA01–0.5hrs, CDA03 –1.75hr

## Supporting Self-Regulation in Young Children

**Description:** Children need help to develop self-regulation skills and you need the skills to support their development. We will discuss the basic understanding of typical emotional and social patterns of development. Learn how to promote positive socio-emotional development and self-regulation while mitigating challenging behaviors. Come improve your self-regulation skills.

**Session Date/Location:** October 23, 6:15–8:30pm (Fishers)

**CDA Content:** CDA03 – 1.25hrs, CDA08 – 1.0hrs

## What's Their Interest? Find it and Reduce Behaviors

**Description:** Behaviors can stem from boredom and lack of engagement in the classroom. Come learn how to implement plans and environments centered around children's interest. We'll discuss how to implement effective learning opportunities driven by the interests of your children and provide meaningful experiences to support your children's development and learning. Children know what they want to learn. Let's help guide them through the process!

**Session Date/Location:** Dec. 16, 9:15 –11:30am (Indianapolis)

**CDA Content:** CDA01–1.25hrs, CDA08 –1.0hr

## Make it Smooth with Improved Classroom Management

**Description:** Classroom management is important for a smooth running day. We'll discuss how important consistent schedules, routines, transition, and rules are while using positive guidance to decrease redirection and behaviors. You'll learn how to consistently use these routines and schedules to structure your day, increasing learning opportunities to in a way that provides a sense of emotional calm in your environment.

**Session Date/Location:** Dec. 18, 6:15–8:30pm (Greenwood)

**CDA Content:** CDA03 – 2.25hrs

## Caring for Children with Special Needs

**Description:** You will receive information on foundational inclusion-related topics such as the Americans with Disabilities Act, person-first language, the benefits of inclusion, and the resources available throughout their community.

**Session Date/Location:** December 2, 9:00 - 11:00am (Indy)

**CDA Content:** CDA05–0.25hrs, CDA06 –0.25hr, CDA08-1.5hrs



# Infant/Toddler Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAtaining](http://bit.ly/CCAtaining) or call (800) 272-2937.

Lauren George  
Infant/Toddler Specialist  
[laureng@childcareanswers.com](mailto:laureng@childcareanswers.com)

Katherine Darby  
Infant/Toddler Specialist  
[katherinec@childcareanswers.com](mailto:katherinec@childcareanswers.com)

## The Art Lab: Looking at the Toddler Art Center

**Description:** How is your art center used day to day? In this session, we will look at ways you can provide opportunities and materials that promote curiosity, exploration, and problem solving within the art center. Learn how to involve children in open ended art activities that are developmentally appropriate and connect those activities to the Indiana FOUNDATIONS.

**Session Date/Location:** December 21, 6:15 – 8:30pm (Indy)

**CDA Content:** CDA01 – 1.0hrs, CDA02 – 1.25hrs

## Lesson Planning for Young Children

**Description:** There are many pieces to the lesson planning puzzle, so it can get tricky to navigate. We will talk about how to plan your lessons and experiences using your observations and assessments as a guide. We will also discuss how you can ensure development across all key areas. Once we discuss all of the logistics, we will take what we have learned and work together to plan a lesson. Being an intentional lesson planner is key to setting the children in your care up for success. You will leave this training with knowledge of all the things you should take into consideration when writing your lesson plans.

**Session Date/Location:** October 24, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA02-0.75hr, CDA03-0.75hr, CDA07-0.75hr

See **Training Central** at [jacrr.org](http://jacrr.org) for live webinar topics on *Staying Safe in the Back Seat!* (October 10, 1 – 2:00pm)

Once you have completed *Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care*, you can take the *Refresher Workshop for Safe Sleeping Practices* online at Training Central. However, you must complete the face-to-face version first.

To register for live webinars in Training Central, log on at [jacrr.org](http://jacrr.org). Click the “Webinars” tab, then click “REGISTER” next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with any questions.

The **Health & Safety page** also contains more information on face-to-face Safe Sleep classes.

## Ouch Biting Hurts. What Are They Trying to Tell Us?

**Description:** Learn about the possible reasons why children bite, strategies that will decrease this behavior and how to work with families.

**Session Date/Location:**  
November 1, 6:15pm – 8:15pm (Franklin)

**CDA Content:** CDA03 – 1.0hrs, CDA07 – 0.5hrs, CDA08 – 0.5hrs

## NEWLY REVISED AND UPDATED! Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care

**Description:** Increase your understanding of a safe sleeping environment for infants, newborn to 12 months of age. Focus will be on creating a safe and healthy sleeping area and risk reduction strategies for Sudden Infant Death Syndrome (SIDS) and accidental death prevention. This training is a pre-service requirement that satisfies Public Law 162-205 for home licensure, as well as Provider Eligibility Standards Certified home providers (CCDF Voucher). Child care providers from all settings are encouraged to attend this free training.

### Session Dates/Locations:

*Avon*  
November 22, 6:15pm – 8:45pm

*Carmel*  
October 4, 6:15pm – 8:45pm

*Franklin*  
December 19, 6:15pm – 8:45pm

*Indianapolis*  
October 12, 6:15pm – 8:45pm  
October 21, 10:00am – 12:30pm  
October 25, 12:30pm – 3:00pm  
November 7, 12:30pm – 3:00pm  
November 16, 6:15pm – 8:45pm  
November 29, 12:30pm – 3:00pm  
December 7, 6:15pm – 8:45pm  
December 14, 12:30 – 3:00pm  
December 27, 12:30pm – 3:00pm

**CDA Content:** CDA01 – 2.5hrs



## Preschool / Pre-K Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Foundations 101 - Introduction to the Indiana Early Learning Foundations

**Description:** Let's talk about the Foundations! Through this training you will gain knowledge about the ins and outs of the Foundations document. We will discuss what the document contains and how you can use it when you are planning for the children you care for. Join us as we really dive in to the document and become more familiar and comfortable with it.

**Session Date/Location:**

October 26, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA01 – 1.25hrs, CDA02 – 1.0hrs

### Foundations - Approaches to Play and Learning

**Description:** With a strong cultural focus on academic achievement, it is essential that early childhood professionals respect that young children learn through play. For children, play is at the heart of their early understanding of the world around them. It is important for adults and caregivers to provide opportunities for engaging play experiences. We will be talking all about the Approaches to Play and Learning section of the Indiana Foundations document and how you can use it to better plan in your classroom.

**Session Date/Location:**

December 20, 6:15pm – 8:30pm (Fishers)

**CDA Content:** CDA03 – 2.25hrs

### Learning Centers in the Early Childhood Environment

**Description:** How can we make our learning centers different? How can we make them more appealing? We will discuss how we can embed a variety of learning approaches and strategies into the centers that are in the classroom. We will also identify ways we can improve our learning centers and ensure they are supporting development across all the key areas and developmental stages.

**Session Date/Location:**

October 4, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA1 – 0.7hrs, CDA02 – 1.75hrs

### Foundations - Social Emotional

**Description:** Learning takes place everywhere! Through intentional planning, you can insure that the children in your care are properly supported while they are developing critical social-emotional behaviors. This training will help you feel more comfortable while teaching using the Indiana Foundations with a specific focus on the social-emotional section of the document.

**Session Date/Location:**

November 29, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 1.25hrs, CDA03 – 1.0hrs

### Taking it Outside - Your Outdoor Classroom

**Description:** Your outdoor space should be an extension of your learning environment. Join me as we talk about the ways you can incorporate learning when the children are playing outside! Literacy, math, blocks, art; it can ALL be done when you are outdoors. Lets talk about how you can arrange your environment to encourage more learning and activity. You will leave this session with many new ideas of ways you can take learning outside!

**Session Date/Location:**

October 12, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 1.25hrs, CDA02 – 1.0hrs

### Approaching the Holidays Without Bias

**Description:** Is your program struggling with how to enjoy the holidays in a respectful, anti-bias way? Holidays matter deeply to people, and this workshop will help you involve children, families, and teachers in incorporating holiday experiences in your classroom within an anti-bias approach.

**Session Date/Location:**

October 19, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA4 – 1.75hrs, CDA05 – 0.5hrs



## Preschool / Pre-K Face-to-Face Trainings

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Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Play Based Learning

**Description:** You will leave this training with knowledge of the value of play and how to provide meaningful experiences to support the development and learning of the children in their care. We will discuss the importance of creating a learning environment that allows children the opportunity to learn through play and what that kind of environment may look like.

**Session Dates/Location:**

November 7, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 1.25hrs, CDA03 – 1.0hrs

### Customer Service in the Early Childhood Field

**Description:** Develop your understanding of the importance of providing a welcoming, safe, and supportive environment for the children as well as their families. Increase your knowledge of positive customer service in the early childhood field. We will discuss communication strategies for building positive relationships and engaging families in their child's learning.

**Session Date/Location:**

December 14, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs

### Let them CREATE! - Process Vs. Product Art

**Description:** What is product art vs. process art? This training will define and explore samples of both. You will gain knowledge regarding how you can use a variety of different equipment to encourage creativity in the children you care for. Come learn how to really let children express themselves through a process art activity!

**Session Date/Location:**

December 21, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA02 – 1.25hrs, CDA03 – 1.0hrs

### Intentional Observations and Effective Lesson Planning

**Description:** SUPER SATURDAY! Join me as we talk about being intentional with your classroom observations and using those observations to plan your lessons! Participants will leave this training with knowledge regarding being intentional with your classroom observations. It is important to observe the children in a meaningful way. We will also be discussing child assessments. We will wrap up the day by bringing all of this information together while discussing how to use your observations and assessments to plan effectively for your learning environment. Bring your lunch!

**Session Date/Location:**

December 2, 9:30–1:00pm (Indianapolis)

**CDA Content:** CDA01–1hr, CDA02 –2.0hrs, CDA07-2.0hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

- *Director Series: Creating a Caring Community of Workers* (October 17, 1:00-2:00pm)
- *Master Webinar Series: Following Their Lead Instead of Your Theme* (October 19, 1:00pm-2:00pm)
- *Trauma and Its Impact on Behavior* (November 8, 1:00pm-2:00pm)
- *Master Teacher Webinar Series: It's OK Not to Share!* (November 21, 1:00-2:00pm)
- *Block Play for All Ages* (December 6, 1:00-2:00pm)
- *Hitting, Pushing, Hair Pulling, Oh My!* (December 7, 2:00-3:00pm)
- *Master Webinar Series: Theories and Approaches in Early Childhood 3.0* (December 14, 8:00-9:00pm)

To register for live webinars in Training Central, log on at [iacrr.org](http://iacrr.org). Click the "Webinars" tab, then click "REGISTER" next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with any questions or issues.



## School Age Face-to-Face Trainings

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Jenny Mathis  
School Age Specialist  
[jennym@childcareanswers.com](mailto:jennym@childcareanswers.com)

### Lesson Planning For School Agers

**Description:** In this workshop, we will learn to align lesson plans with the Indiana Academic Standards and the Indiana Afterschool Standards. You will leave this training with knowledge of all the things you should take into consideration when writing your lesson plans. We will talk about how to plan your lessons/experiences using child interest surveys, observations, and assessments as a guide. We will also discuss how you can ensure development across all key areas. Once we have discussed all of the logistics, we will take what we have learned and work together to plan a lesson.

**Session Date/Location:**  
October 25, 6:15pm – 8:30pm (Indy)

**CDA Content:**  
CDA01 – 0.75hr, CDA02 – 0.75hr, CDA03 – 0.75hr

### Indiana Top Ten Afterschool Standards

**Description:** This is an introduction to the Top Ten Indiana Afterschool Standards. You will learn how to navigate the framework for best practices regarding health and safety, programming and activities, indoor and outdoor environments, human relationships, and administration in out-of-school time. We will examine the standards and the corresponding indicators that can be used for assessing quality.

**Session Date/Location:** December 4, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01–1.25hr, CDA02 –0.5hr, CDA04 – 0.5hr

### Whole Day Lesson Planning for School Agers

**Description:** Days when school age children are out of school can be long and stressful. The key to success is formulating and implementing engaging activities. Join this workshop to learn how to organize your day and activities to maximize child engagement and lessen the stress on yourself.

**Session Date/Location:** November 8, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01 –0.75hr, CDA02 –1.0hr, CDA03 – 0.5hr

### Learning Centers in School Age

**Description:** In this workshop you will learn what school age appropriate centers should like. We will discuss age-appropriate materials and extended learning opportunities.

**Session Date/Location:** December 6, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01 – 0.75hrs, CDA02– 1.5hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics:

- *Social Emotional Learning on Out of School Time-Environments* (October 12, 10:00am – 11:00am)
- *Social Emotional Learning in Out of School Time-Activities* (October 19, 1:00pm – 2:00pm)
- *Engaging Literacy Activities for School -Agers* (November 20, 11:00am – 12:00pm)
- *Homework Time that Keeps Kids Engaged* (12/14, 1-2pm)



## Mixed Age Group Series for Family Child Care Providers

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Mixed Age Group Series for Family Child Care Providers

**Description:** This three night series, exclusively for family child care providers, will examine your physical environment, your daily routines, and the experiences you are offering your children. It will give you an opportunity to network with other family child care providers as well. **EACH NIGHT IS PART OF THE LARGER SERIES – PLEASE REGISTER FOR ALL THREE NIGHTS.**

**Organizing Your Environment:** October 5, 6:15pm – 8:30pm (Indianapolis), CDA01 – 2.25hrs

**Organizing Your Day:** November 14, 6:15-8:30pm (Indianapolis), CDA01 – 2.25hrs

**Organizing Your Activities:** December 7, 6:15-8:30pm (Indianapolis), CDA02 – 1.75hrs, CDA08 – 0.5hrs



## Road to Licensure Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Michelle Terry  
Outreach Specialist  
[michellet@childcareanswers.com](mailto:michellet@childcareanswers.com)

### Orientation I – Overview for those interested in starting the business of child care

**Description:** This workshop provides an overview for those interested in starting a child care business in a home, center, or ministry. It covers regulatory requirements, resources, and some info on health, safety, and business practices. It serves to help with the decision-making process for participants to choose which type of care they would like to provide.

**Session Dates/Locations:**

November 1, 6:15pm – 8:15pm (Indianapolis)

**CDA Content:** CDA01 – 1hr, CDA05 – 0.75hr, CDA06 – 0.25hr

### Orientation II – A requirement for family child care providers to become licensed

**Description:** This course outlines regulatory requirements, licensing steps, and resources for providing licensed child care in a home environment. You will leave prepared to take the next steps to licensing your home and receive necessary paperwork.

**Session Dates/Locations:**

October 4, 6:00pm – 9:00pm (Indianapolis)

October 18, 6:00pm – 9:00pm (Indianapolis)

November 15, 6:00pm – 9:00pm (Indianapolis)

December 6, 6:00pm – 9:00pm (Indianapolis)

December 13, 6:00pm – 9:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.5hr, CDA05 – 1.0hr, CDA06 – 0.5hr

Online, one-hour recorded sessions of Orientation I are also available on Training Central. Register at [jacrr.org](http://jacrr.org).

Planning to open a **licensed center** or **unlicensed registered ministry**? Complete Orientation II through the Office of Early Childhood and Out-of-School Learning, View specifics dates at [in.gov/fssa/carefinder/3064.htm](http://in.gov/fssa/carefinder/3064.htm).



## Child Development Associate (CDA) Credential

Mollie Smith  
CDA Coordinator  
[mollies@childcareanswers.com](mailto:mollies@childcareanswers.com)

The Child Development Associate (CDA) National Credential is the most widely recognized credential in early childhood education and is a key stepping stone on the path of career advancement. The program's purpose is to enhance the quality of early child care by defining, evaluating, and recognizing the competence of early child care professionals across the country. This process includes 120 clock hours of formal training in specific areas, a portfolio, family questionnaires, a verification visit, and an online exam. For more details about the specific process and requirements, visit the CDA Council's website at [cdacouncil.org](http://cdacouncil.org).

### CDA Education Hours

Depending on your learning style and availability, we offer a few different options. See [Childcareanswers.com](http://Childcareanswers.com) for more detailed info.

- **Face-to-face Training** – We offer programs with varying schedules and completion times, each with their own individual requirements. Your cost may be as little as \$100, thanks to scholarships through generous partners. To get started, fill out our wait list form at [bit.ly/cdainterest](http://bit.ly/cdainterest). We will contact you to let you know when we have a spot available that fits your needs.
- **Online Training** - Smart Horizons also offers an Online Education CDA through the Child Care Aware Training Academy for \$299, with portfolio assistance for an additional \$500. Find more info at [smarthorizons.org/naccrra/ccan](http://smarthorizons.org/naccrra/ccan).
- **Independent Study** - If you completed independent study hours and want help with next steps, contact Mollie Smith.

### Renewing or Updating Your Expired CDA – LIMITED TIME ONLY – CDA AMNESTY PROGRAM!

Have an expired CDA? Act now! The CDA Council's Renewal Amnesty Program allows anyone with a CDA® credential expiration date as far back as 1/1/2007 to apply for renewal online. The program provides a waiver of your expiration deadline but does not waive the five steps required to renew a CDA®. You must submit all applications and payments online by the **expiration date of 12/29/2017** with no exceptions or extensions. See more at the Council website: [cdacouncil.org/renewal-amnesty-program](http://cdacouncil.org/renewal-amnesty-program). Questions? Contact Mollie.

# Health and Safety Module Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

These courses are also available for you to take at your own pace, at a date that is convenient for you. To access recorded trainings in Training Central, log on at [iaccr.org](http://iaccr.org). Then click the "Trainings" tab. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with questions or issues. See the Infant/Toddler page for Safe Sleep.

## Child Development Module 1 (INHS)

**Description:** An introduction to child development, this course touches on each developmental domain for infants, toddlers and preschoolers. Upon completion, you will be able to define child development and examine developmental domains for infants, toddlers, and preschoolers. You will also identify how to involve and collaborate with parents to support positive child development, in addition to identifying causes of childhood obesity and the link to physical activity. This training meets the Health and Safety orientation training requirements for topic areas: 8. Prevention of sudden infant death syndrome and use of safe sleeping practices (if applicable), 10. First Aid and CPR Overview 11. Major domains of Child Development (recommended)

**Session Date/Location:** November 9, 6:15pm – 8:15pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs

## Health - Module 2 (INHS)

**Description:** Nutritional Practice includes related health topics for children. You will evaluate your current nutritional practices through a self-assessment and compare nutritional needs of children based on age. We will discuss and compare allergies vs. intolerance to food. Learn how to recognize nutritional requirements for children and how to promote healthy eating. You will be able to describe common food allergies and signs of an allergic reaction, as well as how to safely store, administer, and properly document the use of medications. This training meets the Health and Safety orientation training requirements for topic areas: 2. Administration of medication consistent with standards for parental consent 3. Prevention and response to emergencies due to food and allergic reactions.

**Session Date/Location:** November 11, 8:00am – 12:00pm (Indianapolis)

**CDA Content:** CDA01 – 4hrs

## Safety - Module 3 (INHS)

**Description:** This training focuses on vaccinations and medications. We discuss how vaccinations work and why it is important to immunize children and adults. We discuss current medication storage and distribution practices, physical activity, and infection disease. After completion, you will be able to implement strategies to stop the spread of infectious diseases, including immunizations. You will be able to describe the relationship between a developmental stage and risk of injury and implement procedures for storing medication and hazardous materials. This meets the Health and Safety orientation training requirements for topic areas: 1. Prevention and Control of Infectious disease (including immunizations) 2. Administration of medication consistent with standards for parental consent 6. Handling and storage of hazardous materials and appropriate disposal of bio-contaminants 10. First Aid and CPR Overview

**Session Date/Location:** November 11, 12:30pm – 4:30pm (Indianapolis)

**CDA Content:** CDA01 – 4.0hrs

## School Age Child Development - Module 4 (INHS)

**Description:** During the school-age years, the brain continues to undergo changes and develop - socially, emotionally, physically, and cognitively. Caregivers and teachers are in a unique position to provide a variety of experiences that support all those areas. We address basic principles of development for school agers and implications for learning environments. 11. Major domains of Child Development (recommended)

**Session Date/Location:** November 2, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs

## Child Abuse and Neglect Detection and Prevention

**Description:** This includes the one-hour training created by the FSSA's Health Consultants and provides info on the prevalence of abuse and neglect, causes, and prevention of abuse. It meets the standard for completing Child Abuse Detection and Prevention training as required by Indiana law for Unlicensed CCDF providers and any other child care providers required to complete the training.

**Session Dates/Locations:**

October 25, 9:30am – 11:30am (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs



# Trainings in Spanish – Entrenamientos en Español

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Lucy Intriago

Bilingual Support Manager / Gerente de Apoyo Bilingüe

[marthab@childcareanswers.com](mailto:marthab@childcareanswers.com)

## Orientation I - Orientación I

**Descripción:** Este taller ofrece una visión general a los participantes que están interesados en comenzar el negocio de cuidado de niños/as en un hogar, centro o en ministerio y es la primera parte de una serie de dos partes. Cubre los requisitos reglamentarios, y recursos y da información a las practicantes sobre la salud, la seguridad y los negocios. Sirve para ayudar en la toma de decisiones a los participantes para elegir el tipo de atención que desean ofrecer.

**Session/Sesión, Date/día Locations/lugar:**  
October 4, 3:00pm – 5:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.0hr, CDA05 – 0.75hr,  
CDA06 - 0.25hr

## Charlas

**Descripción:** Venga a disfrutar de una noche con otros profesionales para hablar de la Educación Infantil. Cada otro mes vamos a tener un tema y entrenadores diferentes.

**Sessions/Sesiones, Dates/días Locations/lugares:**  
December 14, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 - 2.0hrs

## Safe Sleeping to Reduce the Risk of SIDS in Child Care – Seguro para dormir

**Descripción:** Los participantes aumentarán su comprensión de un medio ambiente seguro para dormir para los bebés, recién nacidos hasta los doce meses de edad. Se hará hincapié en la creación de una zona de dormitorio y de reducción de riesgos de estrategias seguras y saludables para el Síndrome de Muerte Súbita del Lactante (SMSL) y la prevención de la muerte accidental. Este entrenamiento es un requisito previo al servicio que satisfaga la Ley Pública 162-205 para obtener la licencia en casa, así como los estándares de elegibilidad de proveedores, proveedores de origen certificadas (CCDF) Vale. Se alienta a los proveedores de cuidado infantil a asistir a esta capacitación gratuita.

**Session/Sesión, Date/día Locations/lugar:**  
October 18, 5:00pm – 7:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Orientation II – Orientación II

**Descripción:** Preparación para el Cuidado Infantil en casa de niños/as con licencia, es el segundo entrenamiento en esta serie de dos partes, para delinear los requisitos reglamentarios, pasos de concesión de licencias, y recursos para la atención de niños/as con licencia en un entorno doméstico. Usted saldrá de este entrenamiento preparado para dar los próximos pasos para la concesión de licencias de su casa y recibirán la documentación necesaria.

**Session/Sesión, Date/día Locations/lugar:**  
October 4, 5:30pm – 7:30pm (Indianapolis)

**CDA Content:** CDA01-1.5hrs, CDA05 - 1.5hrs,  
CDA06 – 0.5hrs

## Introduction to the Foundations – Fundaciones

**Descripción:** Los participantes aprenderán acerca de LOS FUNDAMENTOS y los Estándares Académicos de Indiana desde el nacimiento hasta la edad de 5 años. LOS FUNDAMENTOS ayudan a los adultos en la presentación de actividades adecuadas al desarrollo de los niños/as pequeños que apoyan el crecimiento y desarrollo del niños/as. Este taller interactivo apoya muchas de las oportunidades de aprendizaje que ya se suministra a los niños/as pequeños y que sirven como marco para la planificación futura.

**Session/Sesión, Date/día Locations/lugar:**  
November 16, 6:30pm – 8:30pm (Indianapolis)

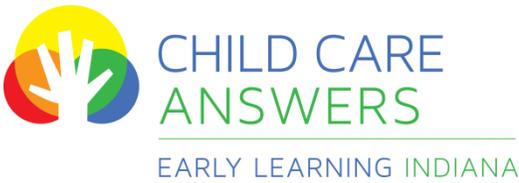
**CDA Content:** CDA01 - 1.0hrs, CDA01 – 1.0hrs

## Child Abuse and Neglect Detection and Prevention – Detección de Abuso Infantil

**Descripción:** Creado por la FSSA, la Oficina de Asesores de Salud de Cuidado Infantil. Este entrenamiento de unas horas, ofrece a los participantes información sobre el abuso y negligencia, las causas y la prevención del abuso y la negligencia, y la forma de reportar el abuso y la negligencia. Esta formación será cumplir con la norma para completar la formación del Abuso Infantil Detección y Prevención como lo requiere la ley de Indiana para los proveedores de CCDF sin licencia, así como cualquier otro proveedor de cuidado infantil que se requieren para completar la formación.

**Session/Sesión, Date/día Locations/lugar:**  
November 16, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs



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Child Care Answers receives funding from Indiana Family and Social Services Administration, Office of Early Childhood and Out of School Learning, and United Way of Central Indiana. We are an outreach program of Early Learning Indiana. Child Care Answers does not discriminate on the basis of race, color, religion, or disability, in its programs, activities, or employment policies.



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We frequently use our social media platforms to communicate trainings and webinars that might be of interested to families, community members, or child care providers. Sign on to your favorite site to learn more and join the conversation! Don't forget to check out our website at [childcareanswers.com](http://childcareanswers.com)!



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